



Jocelyn Pook

Anxiety Fanfare and Variations for Voices

First commissioned by the Mental Health Foundation for Anxiety Arts Festival London 2014 and premiered at the Wigmore Hall, London this work extends the multi-award winning composer Jocelyn Pook's interest in the experience of mental illness, which she explored in her ground-breaking 2012 work *Hearing Voices*. Written in five movements, the *Anxiety Fanfare* is performed by the Jocelyn Pook Ensemble and the community singers of the London International Gospel Choir, led by Naveen Arles. The soloists are soprano Loré Lixenberg, mezzo-soprano Melanie Pappenheim, countertenor Jonathan Peter Kenny and bass George Ikediashi.

Artists: Jocelyn Pook Ensemble | London International Gospel Choir

Timing: 23'49

Jocelyn Pook Ensemble:

Jocelyn Pook *composer/viola*
Jonathan Peter Kenny *conductor/countertenor*
Melanie Pappenheim *mezzo-soprano*
Lore Lixenberg *soprano*
George Ikediashi *bass*
Luiz De Campos *tenor*
Emma Smith *violin*
Preetha Narayanan *violin*
Richard Jones *viola*
Sophie Harris *cello*
Midori Jaeger *cello*
Megan Roberts *trombone*
Rory Cartmell *trombone*
Christian Barraclough *trumpet*
Shane Brennan *trumpet*

Elle Sillanpaa
Emilie Schultze
Eszter Lakatos
Georgina Hole
Shirley Davies
Zsuzsanna Incze
Jessica Fair
Lauren Davis
Essi Turkson
Laura Pertuy
Vivien Sproule
Yoko Koshiyama
Peter Coleman
Claudina Spooner
Cyril Dorsett
Julija Surovecaite
Marco Nikic
Michaela Janks
Alex Wilson
Dominic Šimkus

The London International Gospel Choir:

Naveen Arles *leader*
Lisa Burmeister

About Jocelyn Pook

Jocelyn Pook is one of the UK's most versatile composers, having written extensively for stage, screen, opera house and concert hall. She has established an international reputation as a highly original composer winning her numerous awards and nominations including a Golden Globe, an Olivier and two British Composer Awards.

Often remembered for her film score to *Eyes Wide Shut*, which won her a Chicago Film Award and a Golden Globe nomination, Pook has worked with some of the world's leading directors, musicians, artists and arts institutions – including Stanley Kubrick, Martin Scorsese, the Royal Opera House, BBC Proms, Andrew Motion, Peter Gabriel, Massive Attack and Laurie Anderson.



Pook graduated from the Guildhall School of Music and Drama in 1983, where she studied the viola. She then embarked on a period of touring and recording with artists such as Peter Gabriel, Massive Attack, Laurie Anderson and PJ Harvey and as a member of the Communards.

Mental Health Foundation

The Mental Health Foundation is the UK's charity for everyone's mental health. With prevention at the heart of what they do, they aim to find and address the sources of mental health problems through the delivery of ground-breaking evidence and practice-informed programmes.



Anxiety Fanfare and Variations for Voices was commissioned by the Mental Health Foundation.

The performance of *Anxiety Fanfare and Variations for Voices* was recorded live by the BBC at the Albermarle Music Centre, Hull on 2 July 2017 and broadcast on BBC Radio 3 on 7 July 2017.

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NMC Recordings Ltd, Somerset House, Third Floor, South Wing,
Strand, London, WC2R 1LA

Tel. +44 (0)20 7759 1827/8 • Fax. +44 (0)20 7759 1829
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